

# APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
GET	READY	FOR	EARTH			
1 Give your things new life! Make a plan to donate or sell things you no longer use and DO IT!	5 Pull a noxious weed. Check out Methow Conservancy's weed guide to learn common Methow weeds.	6 Eat 5 fruits/veggies that are each a different color of the rainbow.	7 Replace one local car trip with a bike ride or a walk.	8 Think of at least one item you buy online and instead, buy it from a business in the Methow.	9 Go to <a href="http://allaboutbirds.org">allaboutbirds.org</a> find a bird you see in the Methow. Learn its song and listen for it.	10 Stay on the trail! During mud season, be especially careful of eroding trails when walking around puddles.
11 Write a poem about spring and what it means to you.	12 Buy at least one thing in bulk. (We recommend chocolate covered almonds).	13 Go outside with a timer. Count the sounds your hear in 1 minute. What did you hear?	14 Find the first flower in your neighborhood and draw it.	15 Pick up and dispose of an extra pile of dog poop while walking with your furry friend.	16 Make an "eat first zone" in your fridge so food doesn't accidentally go moldy.	17 Look for places where food is grown in the Methow. Buy something from a farmer.
18 Take a friend hiking or biking on a trail they've never been.	19 Plan and plant at least 3 veggies in your garden (potted or in the ground).	20 Take 20 min to pick up trash in your neighborhood. Bring 1 bag for trash, 1 for recycling.	21 Think what you can do in your classroom to use less. Do homework on recycled paper? Turn off lights when sun is out?	22 Spend 5 min outside just observing sights and sounds of spring returning to the valley.	23 Dig in the dirt to find a worm or an insect. Learn what it does in the garden.	24 Use a flower or songbird ID book to identify a few species on a spring hike.
25 Pick 1 plant or natural thing to observe outside. Draw it and write what you notice.	26 Replace 1 disposable item you use with a reusable or refillable option.	27 Use your 5 senses to get to know a new vegetable. Share your thoughts with a friend.	28 Do a quick plastic audit of your day. How many times do you touch plastic? Replace one item with a plastic-free one.	29 Observe a bird eating seeds. What shape of beak does it use to eat its seeds?	30 Get more life out of disposable items. Wash and reuse Ziploc bags.	♥

This one-a-day action calendar was designed by Amelia Bondi and brought to you by a collaboration between

Methow Conservancy

METHOW RECYCLES

CLASSROOM in BLOOM

METHOW trails